

# WHITE RIBBON STUDENT TRAINING

White Ribbon is the UK's leading charity engaging men and boys to end violence against women and girls.

Our aim is to prevent violence against women and girls by addressing its root causes. We work with men and boys to change long-established, and harmful, attitudes, systems and behaviours around rigid gender norms and masculinity that perpetuate inequality and violence.

Our work is preventative; we want to stop violence before it starts.





## **VISION FOR WHITE RIBBON ACCREDITATION OVER 3 YEARS**

**OUR COLLEGE IS COMMITTED TO FOSTERING A SAFE, RESPECTFUL AND INCLUSIVE ENVIRONMENT FOR ALL STUDENTS, STAFF, AND THE WIDER COMMUNITY. OVER THE NEXT 3 YEARS, WE AIM TO ACHIEVE WHITE RIBBON ACCREDITATION, WHICH WILL SOLIDIFY OUR DEDICATION TO ENDING MALE VIOLENCE AGAINST WOMEN AND GIRLS, PROMOTING GENDER EQUALITY AND CULTIVATING A CULTURE OF RESPECT.**



What do we mean  
when we say

**‘Violence against  
women and girls’?**



#ChangeTheStory



# 1 Physical

Physical violence is when **someone is doing something physically without your consent**. This could be hurting you with their hands, their feet, or an object.

# 2 Emotional

Emotional violence is when **non-physical behaviors are used to control, isolate, or frighten** someone, often into behaving a certain way or doing certain things.

# 3 Sexual

Sexual violence is when someone is **forced, pressured or tricked into taking part in any kind of sexual activity** with another person. It could be online or in person.

# 4 Digital

Digital violence is the **use of technologies such as texting and social media to bully, harass, stalk, or intimidate** someone.

92% of girls at  
college  
report to have  
experienced  
sexist name-  
calling.

A young woman with curly, reddish-brown hair is shown in profile, looking out towards a bright, hazy horizon over water. She is wearing a dark plaid shirt and a small hoop earring. The background is a soft-focus view of the ocean and sky, with a bright light source creating a lens flare effect. The text is overlaid on the right side of the image.

75% of girls in  
college say there  
is pressure to provide  
sexual images of  
themselves.



Almost **1 in 3**  
teenage girls say  
they have been  
sexually assaulted  
at school or college.



# We're not ok with that.

Let's work together to  
#ChangeTheStory.

**Violence against Women and Girls is now  
classified as a National Threat and an epidemic**





Fact: 1 in 4 women in England and Wales will experience domestic abuse in her lifetime – it is likely that it will happen to someone you know and love...

**Think of the women in your life... your daughters, sisters, nieces, mothers, grandmothers...**



Today we are  
encouraging everyone to  
**#ChangeTheStory** for  
women and girls.



**WE WANT TO TAKE THE  
OPPORTUNITY TO ENCOURAGE  
EVERYONE, ESPECIALLY MEN AND  
BOYS, TO MAKE THE WHITE RIBBON  
PROMISE, TO NEVER USE, EXCUSE  
OR REMAIN SILENT ABOUT MEN'S  
VIOLENCE AGAINST WOMEN.**



**MAKE THE PROMISE**





**PLEASE COMPLETE THE QUIZ TO EVIDENCE  
YOUR UNDERSTANDING AND SHOW YOUR  
SUPPORT TO THE WHITE RIBBON AGENDA.**

